Pregnancy Loss and Infant Death Alliance
Presents
The 20th Biennial International Perinatal Bereavement Conference

From Dawn to Dusk: Transformation in Perinatal Bereavement

September 28 - October 1, 2016
Phoenix Marriott Tempe at the Buttes
Tempe, AZ
www.perinatalbereavementconference.org
www.plida.org

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@PLIDAnetworking
www.facebook.com/PLIDA.org
Please Join Us.

This year will mark the 20th International Perinatal Bereavement Conference. We invite you to attend this one-of-a-kind event, specially designed to bring together professionals and parent advocates in a relaxed and communal setting. It is the only international conference devoted solely to the understanding of perinatal bereavement, meaning the death of a baby during pregnancy, at birth, or in the first weeks or months of life.

What makes the conference unique? Most notable is that we are committed to the model of evidence-based care that includes research, personal experience, and bereaved family narratives. For those of you seeking funding for conference registration, it is important for you to share with those making funding decisions that PLIDA links research evidence with care at the bedside. We have provided on our conference website a template for a letter you may wish to use as the basis for a funding proposal.

Additionally, this remarkable conference provides a wide variety of opportunities to engage, learn, and be inspired. Preconference, plenary, concurrent, and poster sessions offer a wide array of learning opportunities. Outstanding plenary speakers include Kathie Kobler (opening keynote) and Joanne Cacciatore (closing keynote), Charlotte Wool, Beth Black, Bob Silver, Alyssa Luksa, and Alyson Ryall.

The planning committee has also prepared networking and casual get-togethers. You may also wish to use one of the hotel’s beautiful outdoor spaces, hiking paths, onsite spa, two pools or five hot tubs to congregate with other conference participants: That is the magic of the desert in September.

We invite you to contact our superb operations manager, Rossana Urbina at rossanaurbina@plida@gmail.com, with any questions. Rossana will also be onsite to welcome you and assist with registration.

We look forward to meeting you and wish you an extraordinary conference experience.

See you on September 28, 2016.

Exciting news!!
Pregnancy Loss and Infant Death Alliance Approved for a $50,000 Engagement Award by the Patient-Centered Outcomes Research Institute (PCORI). As part of the award 24 scholarships will be available to professionals, parent advocates, and researchers wishing to attend the conference.

With gratitude,

Rana Limbo, PhD, RN, CPLC, FAAN
PLIDA President

Cathi Lammert, RN
Former PLIDA President

Emilie Lamberg Jones, RN, BSW, C-EFM, CPLC
PLIDA Vice President

Gina Jones, RN, CPLC
PLIDA Board Member, Education Committee Chair
About Us

PLIDA (Pregnancy Loss and Infant Death Alliance) is an alliance of professional groups, institutions, and individuals who provide care and support to families who experience a perinatal loss. Our tagline, “supporting those who support bereaved families” represents our mission to be a central resource for professional caregivers. We express our mission through professional continuing education; the establishment of position statements and practice guidelines; unified response to issues in the media or legislation; and by creating a network for professionals to share questions, resources, insight, and support. For more information, please visit: http://www.plida.org
Fees include attendance at all conference sessions, plus breakfast and lunch, on the days for which you are registered. In addition, preconference fees include breakfast for attendees registered for morning or full-day preconference sessions. Your registration also includes all conference materials and access to the exhibits and poster area. To receive the early registration rates, your registration must be completed online by August 16, 2016. This date is firm, with no exceptions.

Payment: Credit card is the preferred method of payment. Should you have any issues with this method or other registration questions, please contact Rossana Urbina, rossanaurbinaplida@gmail.com.

Cancellation policy: Full refunds, less a $100 processing fee, are available only before August 30, 2016. If you are transferring your registration to a colleague, a $50 transfer fee applies. In order to receive a refund or transfer, you must notify conference management in writing by August 30, 2016 by emailing Rossana Urbina at rossanaurbinaplida@gmail.com. If you do not cancel or transfer by this date, payment in full is still due, even if you do not attend the conference.

Special Accommodations: In accordance with the Americans with Disabilities Act, Gundersen Medical Foundation seeks to make this conference accessible to all. If you have a disability that might require special accommodations, please e-mail your needs to Rossana Urbina (rossanaurbinaplida@gmail.com) or call her at 888-693-1435.

If you have questions or grievances, please contact Dr. Rana Limbo, lead nurse planner, at 608.775.5278 or 800.362.9567 x 55278.

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**Rates & Registration**

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<th>Registration Category</th>
<th>Early Rate</th>
<th>Regular Rate</th>
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<tr>
<td>Preconference</td>
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<td>Full-Time Student</td>
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*Please be sure to renew your PLIDA membership to receive the member rates. Visit www.PLIDA.org.

**Click here to register**

or copy the below link and get started!  
http://events.r20.constantcontact.com/register/event?oeidk=a07ee4758z25ae10ed8&llr=6ja9nzvab

All registrations will be conducted online.

Have a question about the current status of your PLIDA membership or for any updates or questions regarding registration?

Please contact Rossana Urbina at rossanaurbinaplida@gmail.com

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**Registration**

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**Conference Day Rate**

| Entry Level & must provide a copy of Student ID | $295 |
| Please email rossanaurbinaplida@gmail.com to confirm eligibility. | $295 |

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**Welcome Reception**

| $45/ticket | $45/ticket |
Schedule at a Glance

**Tuesday, September 27, 2016**
5:00 pm - 7:00 pm   Registration Opens

**Preconference Schedule**
**Wednesday, September 28, 2016**
7:00 am - 8:00 pm   Registration Open
7:00 am - 7:45 am   Continental Breakfast for preconference registrants
8:00 am - 12:00 pm  Preconference Session #1
12:00 pm - 1:30 pm  Lunch (on your own)
1:30 pm - 2:00 pm   Preconference Session #2
5:00 pm - 9:00 pm   Exhibits Open
6:00 pm - 6:15 pm   Welcome and Opening
6:15 pm - 7:30 pm   Opening Session (Plenary Session #1)
7:30 pm - 10:00 pm  Welcome Reception (additional cost of $45/ticket)

**Conference Schedule**
**Thursday, September 29, 2016**
7:00 am - 4:30 pm   Registration Open
7:30 am - 5:30 pm   Exhibits Open
7:30 am - 8:30 am   Continental Breakfast
8:30 am - 8:45 am   Welcome and Opening
8:45 am - 10:00 am  Opening Session (Plenary Session #2)
10:00 am - 10:30 am Break
10:30 am - 11:30 am Concurrent Session #1
11:30 am - 1:00 pm  Lunch, Poster Presentations, Networking
1:00 pm - 2:15 pm   Plenary Session #3
2:15 pm - 2:45 pm   Break - Poster Presentations
2:45 pm - 3:45 pm   Concurrent Session #2
4:00 pm - 5:00 pm   PLIDA Meeting (all welcome)

**Friday, September 30, 2016**
7:00 am - 5:00 pm   Registration Open
7:00 am - 8:00 am   Continental Breakfast
7:30 am - 1:45 pm   Exhibits Open
8:00 am - 8:15 am   Welcome and Opening
8:15 am - 9:30 am   Opening Session (Plenary Session #4)
9:30 am - 10:00 am  Break
10:00 am - 11:00 am Concurrent Session #3
11:00 am - 12:15 pm Break, Lunch, Poster Presentations
12:15 pm - 1:30 pm  Plenary Session #5
1:30 pm - 1:45 pm   Break, Final Time for Poster Presentations, Exhibits Close
1:45 pm - 2:45 pm   Concurrent Session #4
2:45 pm - 3:00 pm   Break
3:00 pm - 4:00 pm   Concurrent Session #5
4:00 pm - 5:00 pm   Book Signing Reception
7:00 pm - 8:30 pm   Evening Workshop: Yes, I love me. Self-compassion practices for traumatic stress

**Saturday, October 1, 2016**
7:00 am - 12:00 pm  Registration Open
7:00 am - 7:45 am   Caregiving Reflection
8:00 am - 9:00 am   Full Breakfast
9:00 am - 10:15 am  Plenary Session #6
10:15 am - 10:30 am Conference Closing
Continuing Education Credits

We are pleased that the International Perinatal Bereavement Conference offers continuing education credit to numerous disciplines. Nurses, social workers, chaplains and physicians who want continuing education credit for attending the conference will pay a fee of $25.00, payable at registration. The fee also applies to attendees from other disciplines who may wish to use the continuing education credit listed above.

Genetic Counselor CEUs: This event has been submitted to the National Society of Genetic Counselors (NSGC) for approval of Category 1 CEUs. The American Board of Genetic Counseling (ABGC) accepts CEUs approved by NSGC for purposes of recertification. Approval for the requested CEUs and Contact Hours is currently pending. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Objectives

Participants will be able to
a. Explore relational aspects of perinatal bereavement care.
b. Apply research findings to specific care provided to bereaved families.
c. Describe innovative clinical and advocacy implications in caring for families when their baby dies.
d. Develop skills for working within an interprofessional team when providing care for bereaved families.
e. Describe principles and practice of self-care.
f. Discuss transformation as applied to processes of grieving.

Purpose

To engage in educational and networking opportunities for those who support bereaved families.

Audience

This conference will appeal to any professional who provides care to families experiencing a perinatal death or who engages in research in the field including obstetricians, maternal fetal medicine physicians, neonatologists, palliative care physicians, advanced practice nurses, midwives, physician assistants, nurses, social workers, genetic counselors, ultrasonographers, chaplains, funeral directors, childlife specialists, lactation consultants, psychologists, childbirth educators, policy makers, program administrators, researchers, professors, and parent advocates, among many others. In addition, bereaved parents, themselves, participate in the conference in the role of parent advocates who may work in advocacy, lay support and who may hold a dual role as both patient and researcher or practitioner.

Lodging - Phoenix Marriott Tempe at The Buttes

Breathtaking backdrop for a powerful perinatal bereavement conference. Phoenix Marriott Tempe at The Buttes – Set against an inspiring backdrop of a majestic hillside butte with panoramic views of blue skies and desert sunsets, the resort attracts attendees with its cascading waterfalls, sparkling pools, first class dining, and exceptional meeting facilities. Find yourself nestled away in a desert paradise while only being three miles away from Phoenix Sky Harbor International Airport, minutes away from Arizona State University in Tempe, shopping in Scottsdale, and entertainment venues downtown. Hotel Cancellation policy - 48 hours prior to arrival. Complimentary guest room Internet and self-parking. Valet parking is available at $10/day.

For the latest hotel information, please visit
http://www.perinatalbereavementconference.org/hotel-and-travel/
Things are different in the desert. The sky is bigger. The stars are brighter. The sunsets stop you in your tracks. It’s a feeling you cannot imagine. Instead you have to experience it. The desert sunset, the twinkling city lights, the colors too vibrant and rich to describe—that is Phoenix in the fall. Come to Greater Phoenix and you will understand, too.

America’s sixth-largest city still has real cowboys and rugged mountains and the kind of cactus most people see only in cartoons. Phoenix is the gateway to the Grand Canyon, and its history is a testament to the spirit of pueblos, ranchers, miners, and visionaries. Projected against this rich backdrop is a panorama of urban sophistication that makes Phoenix a first choice convention destination. Discover its fine food, wine regions and restaurants, its incredible wildlife, and a dynamic local arts and music scene. We are excited to partner with you in Phoenix – Arizona’s urban heart and America’s sunniest metropolis. Factor in the incredible location and Phoenix is definitely a winner.

**Phoenix Art Museum**
An institution of exciting art and learning since 1959, Phoenix Art Museum has become the largest art museum in the southwestern United States, providing access to art from all over the world to the people of Arizona.

**Arizona Science Center**
Explore more than 350 hands-on exhibits, state-of-the-art Dorrance Planetarium and giant screen IMAX Theater at the Arizona Science Center. Arizona Science Center inspires, educates, and engages curious minds through science.

**Heard Museum**
Dedicated to the sensitive and accurate portrayal of Native arts and cultures, the Heard is an institution that successfully combines the stories of American Indian people from a personal perspective with the beauty of art.

**Desert Botanical Garden**
The Desert Botanical Garden provides a world-class experience for every visitor. Through permanent trailside exhibits, temporary art exhibitions, and seasonal experiences we seek to transform the visitor experience into one of discovery and meaning about the desert and desert plants.

**Arenas & Fields:**
Chase Field: Home to the Arizona Diamondbacks
US Airways Arena: Home to the Phoenix Suns, Phoenix Mercury, and Arizona Rattlers

**Phoenix Zoo**
The Phoenix Zoo is one of the nation’s largest non-profit zoos, committed to conservation and providing experiences that inspire people and motivate them to care for the natural world.

**Papago Park**
Its massive, otherworldly sandstone buttes set Papago Park apart, even in a city and state filled with world-class natural attractions. Papago’s desert trails are generally smooth, easy treks with little elevation gain, making it a great place for a family hike or to hone your mountain biking skills.
Preconference Agenda

Wednesday, September 28, 2016

8:00 am - Noon: Preconference Session #1

#1 Creating a Legacy in Perinatal Parenting
Lori Ives-Baine, RN, BScN, MN (CPB); Rose Carlson, BS; and Suzanne M. Helzer, RNC-OB, CPLC
This preconference will provide clinicians and others who work with bereaved families 1) theoretical underpinnings of perinatal legacy making and 2) exemplars and hands-on opportunities when supporting parents and families before, during, and after the loss of their baby. In addition, this activity is uniquely designed to foster networking among participants and faculty.

#2 Navigating Genetic Testing: A Patient’s Journey From Start To Finish
Rebecca Carter, MS, CGC and Aarti Ramdaney, MS, CGC
Genetic testing options during pregnancy are rapidly changing. This session will educate attendees on transformations in testing options and the impact on clinical practice. Participants will gain an understanding of the importance of keeping current with the available testing methodologies, the ways in which clinical and laboratory genetic counselors assist in the process of interpretation and application for the patient, some barriers that may be encountered, and future directions.

#3 Psychotherapist Toolkit and Best Practice Update
Deborah Rich, PhD, LP, CPLC
In this workshop, open to practicing psychotherapists only, attendees will learn to build specialty psychotherapy treatment planning and intervention for perinatal bereavement based on a foundation of evidence-based medical and psychological best practice principles.

#4 The Transformative Process of Parental Decision Making Through Loss: Providing Guidance through Relationship-Based Care
Jennifer Jonely, RN, MSN, RNC-OB, CPLC and Emilie Lamberg-Jones, RN, BSW, C-EFM, CPLC
Families facing pregnancy complications, including the loss of a pregnancy or death of a baby, face a multitude of decisions. Induce or await spontaneous labor after a fetal demise? Comfort care from the moment of birth or an initial assessment in the NICU following a life limiting diagnosis? Pregnancy termination or continuation of pregnancy? Fetal surgery, disposition of the baby’s body, extent of legacy creation, sibling involvement, and so many more….each is an opportunity for caregivers to provide guidance and each can be a choice which may affect healing after loss. The decision-making process itself is an opportunity for families to evolve, grow, and be transformed. Through the presentation of both theory and case studies, participants will gain an understanding how care providers in the roles of Sentry, Guide, Healer, Collaborator, Teacher, and Leader can help families set goals, establish care plans, and navigate their own decisions.

12:00 pm: Lunch (on your own)

1:30 pm - 5:00 pm: Preconference Session #2

#1 Beyond the Basics: Memory Making With Siblings
Alyssa Luksa, BS, CCLS; Erin Barnett MEd, CCLS II; and Meghaan Jarrell, MSW, CCLS
Oftentimes, siblings get lost in the family grief process in a hospital setting. This interactive and creative workshop will explore legacy-building activities signifying the importance of being a big brother or big sister. It is difficult for grieving families to identify their needs in the moment. Join Luksa, Barnett, and Nguyen in learning how to personalize and capture important memories.

#2 The Pregnancy that Follows Loss
Joann O'Leary, PhD, MPH, MS and Lindsey M. Henke MSW, LICSW
In this preconference session, O'Leary and Henke review the themes in research and clinical practice that alter the tasks of pregnancy for families pregnant after a loss (PAL). Participants will become familiar with current research on continued bond and attachment theories as a foundational model in supporting bereaved parents’ life-long parenting role.
Preconference Agenda

Wednesday, September 28, 2016

#3 “Life and Death Through the Eyes of NICU Parent: Lessons for the Caregiver” Been there... but haven’t done that
Terri L. Major-Kincade MD MPH
By the end of this preconference session, caregivers will have a heightened awareness of ways to improve the quality of care given to fragile infants and their families. Dr. Major-Kincade will model appropriate responses to NICU parents’ perceptions of their baby’s challenges and limitations and underscore things to avoid saying to NICU parents. Finally, the speaker will discuss current literature findings on how parents perceive interactions with their baby’s healthcare providers.

#4 Writing for Publication and Presentation in the Field of Perinatal Loss and Bereavement
Beth Black, PhD, RN and Patricia Wright, PhD, CRNP, CNS
This preconference workshop is designed for those who would like to share their expertise through publication and professional presentations but are unsure of how to take the next step. The session includes conducting a literature review using public search engines; preparing an abstract, article, or presentation; and individual feedback from presenters. Participants should bring an outline or draft of an idea for an article or talk and a laptop or tablet. This workshop, presented at the past two IPBCs, has been inspiring and well received. Attendance is limited to 12 participants.

#5 Supporting Families Who Miscarry in any Department Including the ER
Jill Wilke, MS, RN, CPLC
This preconference presentation will provide education to staff that care for patients who experience early miscarriage in the clinic or hospital setting. Participants will review communication techniques for talking with families. During this session the presenter will discuss ways to provide support for women who miscarry in departments including the ER and ways to create ritual and keepsakes to honor the miscarried baby.

5:00 pm - 7:00 pm: Registration Open

6:00 pm - 7:30 pm: Welcome & Opening Plenary Session #1: Telling Our Stories: The Art and Science of Narrative Medicine in Perinatal Settings
Kathie Kobler, MS, APN, PCNS-BC, CHPPN, FHPN
Narrative medicine provides an opportunity for patients and healthcare professionals to mindfully reflect on their experiences. This interactive keynote session will review the evidence of incorporating narrative medicine into practice, while also engaging participants in the art of telling their own stories.

7:30 pm - 10:00 pm: Welcome Reception
You have waited for months for the 20th International Perinatal Bereavement Conference. And now the time has arrived. Join conference attendees, PLIDA leadership, and sponsors, for some lighthearted moments, catching up with those you may not have seen for years. Take in the amazing desert sunset, fresh mountain air, and the city skyline. Featuring background music, food, a cash bar, and raffle, you will feel like the Welcome Reception has started you off in style. Dress is business casual.

Purchase tickets ($45/ticket) for this event as part of your registration. A limited number of tickets will be available at the door for a charge of $55/ticket.
7:00 am - 4:30 pm: Registration Opens

7:30 am - 8:30 am: Continental Breakfast

7:30 am: Exhibits/Reflection Room Open

8:30 am - 8:45 am: Welcome and Opening

8:45 am - 10:00 am: Plenary Session #2: State of the Science in Stillbirth Research
Bob Silver, MD
After a dramatic decrease 50 years ago, stillbirth rates in the US have been stable for decades. This workshop will explore why this is, as well as identify causes (such as infections, genetic abnormalities and placenta problems). Dr. Silver will also focus on the optimal timing of delivery and modifiable risk factors such as stress and obesity. This plenary session is offered in memory of Hudson John Schlieve.

10:00 am - 10:30 am: Break

10:30 am - 11:30 am: Concurrent Session #1
#1: Creative Expression to Rejuvenate Bereavement Professionals and Volunteers
Alexis Marie Chute, MFA, BFA
It is not uncommon for those that give of themselves while they care for others to put their own self-care at the bottom of their priority list. This can result in burn-out and feeling as if one has nothing left to give. While it is commonly known that creative expression can be helpful for patients, it can also be a great outlet for professionals and volunteers. In this informational, hands-on workshop, caregivers will focus on replenishing their leadership reserves, expressing their own struggles and grief associated with their careers and personal lives and rejuvenating their passion to support others. This will be accomplished through the use of reflection and a guided time of creative expression. Chute, a professional artist and author, will present various art-making and writing techniques, followed by a time of creative engagement and sharing.

#2: Providing Culturally Competent Perinatal Palliative Care: Implications for Practice
Ginny Silva RN, MS, FNP-C
About half of all infants born in the US are from ethnic minority groups; therefore, the need for care providers to demonstrate cultural competence continues to grow as demographics in the US become more diversified. Being culturally aware is especially vital when families are faced with the possibility of fetal or neonatal death. During this workshop, the presenter will discuss common culturally-based attitudes, beliefs and misunderstandings, and participants will leave with concrete ways to provide culturally competent perinatal palliative care.

#3: Awake in the Mourning: Mindfulness, Presence and Self-Compassion as a Response to Traumatic Grief Following the Death of a Baby.
Terri Waibel, LMSW, CCTP, Certified Provider of Compassionate Bereavement Care®
This workshop will allow participants to conceptualize a framework of Compassionate Bereavement Care® as a mindfulness-based approach to care. Participants will be able to explain the major components of Compassionate Bereavement Care® and the ATTEND Model, a mindfulness-based approach to traumatic grief. Learners will be able to describe the body’s neuro-physiological response to traumatic stress and the function of meditation and mindfulness as an intervention.

#4: Common Misunderstandings about Causes and Prevention of Stillbirth
Bob Silver MD
There are numerous causes of stillbirth as well as a variety of strategies intended to prevent them. However, there are just as many misconceptions about causes and prevention of stillbirth. This workshop will examine some common causes of stillbirth as such as cord accidents, preterm delivery, autopsy, exercise and sex and will address prevention strategies.
#5: Finding Our Way through Valleys Low: Navigating Caregiver Suffering, Grief, and Moral Distress
Kathie Kobler, MS, APN, PCNS-BC, CHPPN, FHPN
Health caregivers use their unique gifts of expertise and compassion as they care for perinatal and neonatal families in crisis. Being present to those who hurt may also challenge caregivers’ core beliefs, or elicit strong emotions. This session will focus on both individual and team strategies to navigate the experiences of moral distress, grief, and caregiver suffering, while also honoring the caregiver’s personal journey in this work.

11:30 am - 1:00 pm: Lunch, Networking, Posters

1:00 pm - 2:15 pm: Plenary Session #3: Conceptions and Mis-Conceptions: The Loss-lined Path to Parenthood of Lesbian Couples
Beth Perry Black, PhD, RN
Living in a heteronormative world, lesbian couples encounter biological and social constraints. In this session, that includes a bereaved couple, Dr. Black will explore various trajectories that describe efforts by lesbian couples to become parents, and participants will leave with an understanding of the specific challenges that lesbian couples face on their journey to parenthood.

2:15 pm - 2:45 pm: Break (posters, exhibits)

2:45 pm - 3:45 pm: Concurrent Session #2
#1: Second Opinions, Second Guessing, and Secondary Grief: The Limits of Prenatal Diagnosis
Brian S. Carter, MD and Angel Carter, DNP, APRN, NNP-BC
Prenatal diagnosis is frequently used to guide perinatal care management, including palliative/comfort care; however, there are limits to the accuracy and precision of many prenatal diagnostic tests. In this workshop, the presenters will share clinical practice experience on the subject; they will describe the limits of prenatal diagnostic testing as well as the importance of confirmatory postnatal studies. Key psychosocial and spiritual elements of supportive care and grief counseling will also be identified.

#2: Best Practice Decision Making: Miscarriage, Stillbirth, and Newborn Death
Rana Limbo, PhD, RN, CPLC, FAAN
When babies are born alive, parents innately nurture, protect, and introduce their baby to others. When their baby dies, parents participate in final acts of caregiving and decide what ways they wish to say good-bye. This presentation will highlight research findings on “final acts of caregiving” and “being sure,” concepts that can be immediately applied to clinical practice and research. Limbo uses lecture, discussion, and vignettes to illustrate recently identified concepts of perinatal bereavement care.

#3: Creating a Vision; Sustaining a Legacy in Providing Bereavement Care
Marie A. Walter MS, RN
The value of an organized approach to perinatal bereavement care for families is well established. One or two individuals with passion and commitment may lead the charge in co-creating a program. Sustaining a program over time and dealing with inevitable barriers requires a system-wide approach and engaged staff, including senior leadership. This workshop will explore practical ways to maintain and re-energize your perinatal bereavement program, keeping it vital: V= vision, I= information, T= team, A= accountability, and L= leadership.

#4: Provision of Services by Perinatal Palliative Programs: A Multicenter Survey
Erin M. Denney-Koelsch, MD and Charlotte Wool PhD, RN
In this workshop, the presenters will review findings of a multicenter US survey of perinatal palliative care programs. Denney-Koelsch and Wool will illustrate different types of programs and how they differ in patient population, provider composition, funding mechanisms and training. Finally, presenters will share a review of the topics discussed in goals of care conversations, what programs that parents found most important in their care, and what outcomes they were hoping for in their program.
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#5: Guilt, Shame, & Blame: Transformative Interventions for the Difficult Issues of Perinatal Death
Sarah Kye Price, PhD, MSW, MS
During the first section of this presentation, Kye-Price will offer theoretical and empirical support for guilt, shame, and blame as normative (but complex) responses to grieving perinatal death. The content for this session will be derived from peer reviewed literature, including research and scholarship published by Kye-Price. The second part will introduce attendees to four specific brief interventions grounded in the theory and empirical evidence previously discussed.

4:00 pm - 5:00 pm: PLIDA Meeting
Join us for the PLIDA business meeting, held at each International Perinatal Bereavement Conference. Meet the board members, learn about organization initiatives, and participate in discussion. Members and those interested in membership are welcome to attend.

Friday, September 30, 2016

7:00 am - 5:00 pm: Registration Open
7:00 am - 8:00 am: Continental Breakfast
8:00 am - 8:15 am: Welcome and Opening
8:15 am - 9:30 am: Plenary Session #4: I wish...”: Shedding Light on the Shadowed Sibling
Alyssa Luksa, BS, CCLS and Alyson Ryall, CCLS, MT-BC, BM, BA
Often, siblings become the forgotten griever when families experience the death of a baby, and it is important to understand how siblings play a role in the grieving and healing process. Participants will leave this presentation with information on how to have conversations with families and concrete examples of legacy-making activities. Luksa and Ryall will also review testimonials from families that have created memories and mementos for the baby’s past, present, and future siblings.

9:30 am - 10:00 am: Break
10:00 am - 11:00 am: Concurrent Session #3
#1: Hope in the Journey: From One Decade into the Next: A look at ten years of transformation & lessons learned
Suzanne Engelder, MSW and Debra Bolton, BSN, RNC-OB/EFM, CLE, PHN
Over the past ten years, caregivers at St. Joseph Health Hospice in Anaheim, CA have transformed their perinatal hospice program to meet the needs of the families they serve. This session will demonstrate how the program started, what they have learned and their vision for the future. Highlights include strategies for implementing a home-based program, engaging staff, providing care within a low-risk unit, and responding to patients in the digital age.

#2: “Enduring to Gain New Perspective”: A Qualitative Study to Describe the Experience of Perinatal Loss and Bereavement in Black Adolescents
Kimberly Fenstermacher, PhD, CRNP
This presentation will report results of a qualitative research study on the experience of perinatal bereavement in urban black adolescents. Results of the study will be explained using data collected through interviews conducted at three different times during the first 12 weeks after the loss. The resulting theory, “Enduring to gain new perspective” richly describes the experience and provides insight as to the best timing of supportive interventions that are culturally and developmentally focused.

#3: Social Support and Holistic Retreats: Reducing Traumatic Stress Symptoms After Stillbirth
Ivy Margulies, PsyD & Kiley Hanish
Approximately one-third of all pregnancies will end in loss such as miscarriage, stillbirth, or termination, and biochemical, physical, and emotional changes following a loss can trigger a complex psychiatric picture. The intention of this clinical practice presentation is to identify the benefits of using bereavement retreats as a community-based treatment intervention for women who have experienced pregnancy loss.
The 20th Biennial International Perinatal Bereavement Conference

#4: Pregnancy Termination: How Perinatal Palliative Care Practices Can Be Integrated to Transform a Family’s Experience  
Emilie Lamberg-Jones, RN, BSW, C-EFM, CPLC  
In this clinical practice educational session, Lamberg-Jones will discuss ways perinatal palliative care practices can be incorporated into the care of families who consider pregnancy termination following maternal or fetal diagnosis. She will give examples of how relationship-based care can be utilized to learn how a family defines their pregnancy and how to tailor interventions and individualize care to meet their goals as well as share ways to incorporate birth planning for families choosing to end their pregnancy early.

#5: Impact of Pregnancy Loss on Postpartum Psychological Functioning: Research, Practice and Current Controversies  
Deborah Rich, PhD, LP, CPLC  
In this workshop, participants will learn the newest evidence-based methods to anticipate, prevent and treat anxiety and depression that often follows a pregnancy loss and extends through a subsequent pregnancy. This session integrates two branches of research and practice for perinatal bereavement professionals. Dr. Rich will highlight and interpret diagnostic controversy as well as guide learners using case examples on how to apply these concepts to daily practice.

11:00 am - 12:15 pm: Lunch, Networking, Posters  
Caring for Families Experiencing Perinatal Death in the Emergency Department: Continuing the Conversation; Rana Limbo, PhD, RN, CPLC, FAAN & Charlotte Wool, PhD, RN  
All are invited to attend. See registration table for agenda and attendance sign up

Agenda:  
1. Discuss new consensus statement from the National Perinatal Association on emergency department care (Anita Catlin, DNSc, FNP, FAAN, lead author)  
2. Create a list of strategies for statement dissemination  
3. Plan education sessions based on statement information

12:15 pm- 1:30 pm: Plenary Session #5: The Quality Imperative – What Parents Want  
Charlotte Wool, PhD, RN  
Palliative care in the perinatal period is a family-centered approach to care that harmonizes medical care with emotional, social, spiritual and cultural needs and wishes. In this plenary session, Dr. Wool define recommendations for creating transformational change in perinatal palliative care models by examining what matters most to parents. Participants will learn about current developments and future trends as they consider quality care delivery in the context of a multidisciplinary team.

1:30 pm- 1:45 pm: Break, Posters, Exhibits

1:45 pm- 2:45 pm: Concurrent Session #4  
#1: Childlife Specialist as Part of a Multidisciplinary Perinatal Palliative Care Team  
Laura Johnson, MA, CCLS  
Childlife specialists are uniquely qualified to provide developmentally appropriate support for children whose parents have experienced a perinatal loss. This presentation examines the role of a childlife specialist as part of a multidisciplinary perinatal palliative care team. Strategies for supporting children before, during, and after perinatal loss are also discussed, and participants will gain knowledge as to how the inclusion of a childlife specialist supports the needs of siblings and further promotes family-centered care with families experiencing perinatal loss.

#2: Perinatal Hospice and Palliative Care: Past, Present, and Future  
Amy Kuebelbeck, MA  
Perinatal hospice, also called perinatal palliative care, is a model of care for families who choose to continue their pregnancies following a life-limiting prenatal diagnosis. Pioneered in the mid-1990s, this model of care has experienced impressive growth, with more than 250 programs currently available internationally. The subject was first discussed by this presenter at the 2004 conference, and at the 2006 conference this presenter initiated a perinatal hospice email group that has grown to nearly 400 members. Session will include an overview of the history of perinatal palliative care, an assessment of the situation today, and time for attendees to discuss where to go from here.
#3: Lactation Choices Following Prenatal and Perinatal Loss  
Kathy Parkes, MSN-Ed, BSPsy, RN, IBCLC, RLC, FILCA  
The goal of this presentation is to inform and educate attendees on multiple lactation choices for the mother who has experienced a prenatal or perinatal loss. Participants will have the opportunity to explore and discuss the process of Lactogenesis II as well as various methods of decreasing engorgement to aid maternal comfort. Examples of lactation alternatives that honor life of the baby will also be given.

#4: Narratives of Transformation: The Interconnections of Cultural Practices in Perinatal and Infant Loss in New Zealand  
Vicki Culling, BA, MA, PhD and Pania Mitchell, BA  
Based on the presenters’ recent chapter in the 2015 textbook “The World of Bereavement: Cultural Perspectives on Death in Families,” Culling and Mitchell will offer an overview of approaches to death in New Zealand that have seen an interconnection between indigenous minority culture and colonizing dominant culture. That interconnection has seen a transformation of the mainstream mourning and funeral practices. The presenters will examine specific approaches to perinatal and infant loss within the interplay of their cross-cultural rituals and practices. Finally, personal stories of loss that illustrate the development of funeral and bereavement practices in perinatal and infant loss in New Zealand will be reviewed.

#5: “The Strong One: The Experience of Fathers in Pregnancy Continued with Lethal Fetal Diagnosis”  
Denise Côté-Arsenault, PhD, RNC, FNAP, FAAN and Erin M. Denney-Koelsch MD  
Parents typically learn something is wrong with their baby by mid-pregnancy, and those who continue the pregnancy then have 20+ weeks as they prepare for their baby’s birth and death. The purpose of this workshop is to report the findings from Côté-Arsenault’s and Denney-Koelsch’s study on fathers’ experiences with continuing a pregnancy when the baby is not expected to survive. Application to care of families will be provided and discussed so participants will be able to appropriately translate these research findings into practice.

2:45 pm - 3:00 pm: Break

3:00 pm - 4:00 pm: Concurrent Session #5

#1: Perinatal Loss Legislation: The Best Way to Transform Perinatal Loss Care?  
Katharine E. Donaldson MSN, APN, C, WHNP-BC, CPLC, C-EFM  
The purpose of this presentation is to report on the “Autumn Joy Stillbirth Research & Dignity Act,” which was recently passed by the New Jersey legislature and mandates various aspects of bereavement care for losses that occur at 20 weeks or greater and those “unintended death[s] of fetuses” weighing 350 grams or more. Donaldson will examine each of these mandates (one-to-one nursing care, education of providers and nurses, and specifics regarding treating “grieving families”) and facilitate a discussion concerning the pros and cons of such legislation. Additionally, she will explore ways to implement these mandates with compassion and sensitivity.

#2: The Mental Health Implications of Stillbirth and Innovative Approaches for Intervention  
Jennifer Huberty, PhD  
More than 26,000 stillbirths occur annually in the US--one in every 150 pregnancies. This workshop will define the dilemmas of stillbirth (i.e., prevalence, negative physical and mental health implications), research within this population (including the areas that are lacking), and areas that warrant future research. Additionally, this presentation will propose alternative strategies for inter-conception care after stillbirth and the potential of online yoga to improve mental health in women after stillbirth.

#3: Transition of best practices- expanding a perinatal palliative care and bereavement program across an organization.  
Lori Ives-Baine, RN, BScN, MN (CPB)  
After 22 years of continuously improving perinatal palliative and bereavement care, can this expertise and process be accepted in a pediatric environment? In this presentation, Ives-Baine will share with caregivers how this is possible. She will review one hospital’s program and how it has morphed into an organizational program to ensure ALL families who have experienced the death of a child are able to be supported in a variety of ways based on the models developed in perinatal palliative and bereavement care. Analysis of the state of the organization in meeting bereavement targets as well as evaluation of the current program (3 years old) will be shared.
#4: “No One Ever Told Me” Performing Ethnographic Testimonies of Stillbirth, Miscarriage, and Interruption of Pregnancy to Transform Patient Care
Suzanne Pullen, PhD, MA
Pullen will perform narrative testimonies, based on in-depth ethnographic interviews, as resources for improving patient and provider interactions, increasing empathy of care providers and empowering decision making in after-death care by highlighting the experiences of bereaved parents.

#5: When Hello Means Goodbye: A Case Study Examining Ethics in Perinatal Palliative Care
Charlotte Wool, PhD, RN
Join this presentation and journey with a nurse and her patient as they move through a pregnancy affected by a life-limiting fetal diagnosis. Participants will engage in an interactive case study to examine ethical principles in the context of a complex health care system and acquire the skill sets and resources that are useful in today’s clinical practice arenas.

4:00 pm - 5:00 pm: Book Signing Reception
PLIDA is pleased to present several of our distinguished speakers available for a book signing reception with hors d’oeuvres and cash bar. You may bring your own books or purchase them from the bookstore. Please watch this space for a list of speakers and their books so that you can make plans well in advance for extending your personal or work libraries.

7:00 pm - 8:30 pm: Evening Session
“Yes, I love me. Self-compassion practices for traumatic stress”
Joanne Cacciatore, PhD, MSW
Understand the latest research on self-care and its effects on providers, parents, and for the relationship. Devise a plan for self-care based on individual and cultural preferences.

Saturday, October 1, 2016

7:00 am - 12:00 pm: Registration Open

7:00 am - 7:50 am: Caregiving Reflection
This opportunity for reflection as a group will be held outdoors early on our last morning together. Using all of your senses, it will be a time to think about all we have come to understand in these past few days together. We will provide a caring environment to support you as you re-enter the world of your personal and professional roles with families and work.

8:00 am - 9:00 am: Full Breakfast

9:00 am - 10:15 am: Plenary Session #6: I, Thou, and We: What the Research Tells Providers About Presence with Grievers
Joanne Cacciatore, PhD, MSW
Dr. Cacciatore will discuss the ATTEND model of full provider presence and identify current scientific evidence on attunement, trust, touch, egalitarianism and death/grief education. She will also examine recent evidence-based practices for provider self-care and compassion. Finally, there will be a discussion concerning what current research suggests about fostering Post Traumatic Growth (PTG) in clients.

10:15 am - 10:30 am: Conference Closing
Plenary Speakers

Robert Silver, MD
Professor of Obstetrics and Gynecology and Chief of the
Division of Maternal Fetal Medicine
University of Utah Health Sciences Center

Charlotte Wool, PhD, RN
Assistant Professor of Nursing
York College of Pennsylvania

Beth Black, PhD, RN
Associate Professor
University of North Carolina at Chapel Hill School of Nursing

Joanne Cacciatore, PhD, MSW
Associate Professor
Arizona State University

Kathie Kobler, MS, APN, PCNS-BC, CHPPN, FHPN
Advanced Practice Nurse, Pediatric Palliative Care
Advocate Children’s Hospital, Park Ridge, IL

Alyssa Luksa, BS, CCLS
Manager of Childlife and Expressive Therapies
Children’s Memorial Hermann Hospital

Meghaan Jarrell, MSW, CCLS
Certified Child Life Specialist
Internship Coordinator
Children’s Memorial Hermann Hospital

Robert Silver, MD
Professor of Obstetrics and Gynecology and Chief of the
Division of Maternal Fetal Medicine
University of Utah Health Sciences Center

Charlotte Wool, PhD, RN
Assistant Professor of Nursing
York College of Pennsylvania
Poster Presentations

Professionals will join us for our Innovative Program and Research Poster Session. This is your opportunity to hear and talk with national experts. View and discuss the following featured posters:

**Pregnancy After Loss Support (PALS) – An Online Magazine and Peer-to-Peer Support for Women Pregnant Again After Loss**
- Lindsey M. Henke, MSW, LICSW

**Anne Arundel Medical Center Perinatal Palliative Care Program**
- Ann O’Sullivan, RNC & Lillian Conrad RNC

**Twin Cities Jewish Community Pregnancy Loss Initiative**
- Deborah Rich, PhD, LP, CPLC

**The Integration of Perinatal Palliative Care into Practice: An Interdisciplinary Approach**
- Ginny (Virginia) Silva, RN, MS, FNP-C & Leslie Morette RN, BSN

**Spiritual Changes after Perinatal Loss**
- Patricia Wright, PhD, CRNP, CNS

**Transformation in Bereavement Care: A Case Study in Hospital and Support Group Collaboration**
- Anne Chapman, RN, RM, PG Cert Mid; Gail Austin, RN, RM, Dip Mid Stud; Joan Curle

**Perinatal Loss and Mental Illness: Exploring Pathways and Implications for Clinical Care**
- Lisa Burke, BA (Hons), MHSt, DPsych, FT

**Aromatherapy: Reconnecting with an Ancient Art that Enriches Healing for Families Experiencing Perinatal Loss**
- Joni Cutshaw, BSN, RNC, CPLC

**Transformation from Acute Grief Toward Personal Growth of a Perinatal Loss Survivor – One Nurse’s Story**
- Jennifer Hicks, MSN, RN

**Josiah’s Journey: The Healing Power in Living Your Child’s Legacy**
- Shari Morash, BIS

**Cradled by Love, Hope, and Healing: Giving Voice to Silent Sorrow**
- Joyce E. Nuner, PhD

**Infertility, Pregnancy and Stillbirth; A Mom Shares her Own Experiences**
- Doreen Whitaker Sexton, Bereaved Parent

**Standardizing Perinatal Loss Care in a Tertiary Care Center**
- CJ Smart, MSN, RNC-MNN, CPN, CPLC

**Ultimate Unselfish Love**
- Terri Weinman, DO, FAAP

**The SGM Companioniing Method: Partnering With Perinatal Loss Specialists to Offer Comprehensive Family-Centered Support in a Hospital Setting and Beyond**
- Kelly Gerken, SGM/SBD Doula
Continuing education for nurses, social workers, genetic counselors, and chaplains has been applied for. We are pleased that IPBC offers continuing education credit to numerous disciplines. Nurses, social workers, chaplains, and physicians who want continuing education credit for attending the conference will pay a fee of $25.00, payable at the time of registration. The fee also applies to attendees from other disciplines who wish to use the continuing education credit listed above (e.g., certified nurse midwives who wish to have Continuing Medical Education credit). Signing up for continuing education must be completed at registration.

Gundersen Lutheran Medical Center, Inc., is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Nursing contact hours
Gundersen Lutheran Medical Center, Inc., is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

The International Perinatal Bereavement Conference (IPBC) provides the following nursing contact hours:
- September 28, 2016, morning preconference: 3.33 contact hours
- September 28, 2016, afternoon preconference: 3 contact hours
- September 28 – October 1, 2016: IPBC Conference: up to 21.33 contact hours (including both sessions of preconference workshop offerings)

California – Provider (Gundersen Lutheran Bereavement and Advance Care Planning Services) approved by the California Board of Registered Nursing, provider #12245, for
- September 28, 2016, morning preconference: 3.33 contact hours
- September 28, 2016, afternoon preconference: 3 contact hours
- September 28 – October 1, 2016: IPBC: up to 21.33 contact hours (including both sessions of preconference workshop offerings)

Social work continuing education hours
Gundersen Lutheran Medical Center, Inc., provider #1089, is approved as a provider for continuing education by the Association of Social Work Boards. aswb.org. ASWB Approval period: Nov. 15, 2015 – Nov. 14, 2018. Gundersen Lutheran Medical Center, Inc., maintains responsibility for the program. Licensed social workers should contact their regulatory board to determine course approval. Social workers will receive up to 21.33 continuing education hours by participating in the International Perinatal Bereavement Conference (IPBC) according to the following breakdown:
- September 28, 2016, morning preconference: 3.33 contact hours
- September 28, 2016, afternoon preconference: 3 contact hours
- September 28 – October 1, 2016: IPBC: up to 21.33 clock hours (including both sessions of preconference workshop offerings)

The conference speakers will address topics meeting the needs of all levels of social work practice: beginning, intermediate, and advanced.

Physicians continuing education hours
This Live activity, PLIDA 20th Biennial International Perinatal Bereavement Conference, with a beginning date of 09/28/2016, has been reviewed and is acceptable for up to 20.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other credits
Resolve Through Sharing is a provider for the National Association for Catholic Chaplains. Participants at the IPBC will receive the following contact hours:
- September 28, 2016, morning preconference: 4 contact hours
- September 28, 2016, afternoon preconference: 3.6 contact hours
- September 28 – October 1, 2016: IPBC: up to 25.6 contact hours (including both sessions of preconference workshop offerings)

At the present time, other disciplines will receive a certificate of attendance. Conference organizers will submit requests for continuing education credit for other disciplines, in addition to nurses, social workers, and chaplains. Please watch this section of the conference brochure for updates.

To receive contact or clock hours, nurses, social workers, and chaplains must be present for the entire session for which they claim continuing education credit. A completed evaluation is required for contact or clock hours. The evaluation and the original of the continuing education certificate will be turned in to conference organizers when the participant leaves. Participants keep a copy of the certificate as evidence of which sessions they attended and the number of continuing education credits awarded for each.

Planning committee (see page 4 of this brochure)
Planners claim no conflict of interest. Speaker conflict of interest, if any, will be provided to participants prior to the start of the conference. Off-label use of any products will not be discussed. For questions regarding continuing education credit for IPBC, please contact Rana Limbo at rklimbo@gundersenhealth.org. Other disciplines will receive a certificate of attendance.
Thank you to the planning committee and conference co-chairs for their dedication to ensuring this conference is an incredible educational and networking experience for all attendees.

Planning committee
Gina Jones, RN, CPLC; Emilie Lamberg-Jones, RN, BSW, C-EFM, CPLC; Cathi Lammert, RN; and Rana Limbo, PhD, RN, CPLC, FAAN, are conference co-chairs.

Additional planning committee members
Rose Carlson, BS; Dorothea Graham Cicchinelli, BASW, LCCE, CLC, MNM; Suzanne Helzer, RNC-OB, CPLC; Summer Hepler, RN; Lori Ives-Baine, RN, BScN, MN (CPB); Shari Morash, BIS; Joann O’Leary, PhD, MPH, MS; James Padilla; Mary Peroutka, BSN, RNC-OB, C-EFM, CPLC; Tom Priem, BA, MA; Deborah Rich, PhD, LP, CPLC

Planners claim no conflict of interest. Speaker conflict of interest, if any, will be provided to participants prior to the start of the conference. Off-label use of any products will not be discussed. For questions regarding continuing education credit for IPBC, please contact Rana Limbo at rklimbo@gundersenhealth.org.

Book Signing Reception
PLIDA is pleased to present several of our distinguished speakers available for a book signing reception with hors d’oeuvres and cash bar on Friday, September 30, from 4pm – 5pm. You may bring your own books or purchase them from the bookstore. Please watch this space for a list of speakers and their books so that you can make plans well in advance for extending your personal or work libraries.

Wednesday Evening: Welcoming Reception
This welcome reception will be held on Wednesday, September 28, 2016 beginning at 7:30pm. The cost per ticket is $45 and can be purchased at the time of registration A very limited number of tickets will be available onsite for $55. Please join us for this wonderful networking and welcoming event.

FAQs
What is the International Perinatal Bereavement Conference?
Pregnancy Loss and Infant Death Alliance (PLIDA) offers this international conference biennially as an opportunity for networking and gaining education for those who support bereaved families.

Who is the conference audience?
This conference will appeal to any professional who provides care to families experiencing a perinatal death or who engages in research in the field including obstetricians, maternal fetal medicine physicians, neonatologists, palliative care physicians, advanced practice nurses, midwives, physician assistants, nurses, social workers, genetic counselors, ultrasonographers, chaplains, funeral directors, childlife specialists, lactation consultants, psychologists, childbirth educators, policy makers, program administrators, researchers, professors, and parent advocates, among many others. In addition, bereaved parents, themselves, participate in the conference in the role of parent advocates who may work in advocacy, lay support and who may hold a dual role as both patient and researcher or practitioner.

Who can earn continuing education credits?
Yes, CEUs and CMEs for many disciplines (see page 19) are available.

Where do attendees pick-up their badge and convention materials?
All conference activities will be held on-site at the Marriott Tempe at the Buttes. Look for the conference signs directing you to the ballroom foyer for the registration area.

Does full conference registration rate include the preconference options?
No, the preconference options are selected on the registration form and paid for according to the amount listed.

www.perinatalbereavementconference.org
FAQs

How do I receive continuing education credit?
The disciplines providing continuing education credit for conference offerings are listed on p. 19 of the brochure. If you want continuing education, the cost is $25 and you will find the payment option listed on the registration form.

What is the meaning behind the thunderbird logo?
The thunderbird represents dawn, a time of rebirth and dusk, a time of meditation and rest. The thunderbird cared for souls of the dying. It is a representation of transformation and a strong spirit, which we hope is at the heart of bereaved mothers and families experience. Finally, the thunderbird is a provider and a protector, much like we are, as bereavement professionals, providing the care and guidance needed, but also being the ultimate “gatekeepers”.

What does registration include?
• Access all plenary and concurrent presentations. Please note that Wednesday preconference presentations are an additional fee.
• Access to exhibit hall, poster presentations, bookstore, and quiet reflection room.
• Access to written materials provided by the presenters.
• Free Wi-Fi throughout resort space

What type of experience can an attendee expect at the conference?
The conference provides enriching presentations combined with networking and seeing old friends, and enjoying the many excursions and festivities throughout beautiful Phoenix. With over 25 acres of breathtaking views, there is something for everyone.

What is the dress code?
Business casual. You may want to consider dressing in layers to account for the transition from air-conditioned meeting rooms to a pleasant stroll around the resort grounds. Remember to bring your swim suit, sunscreen, hat, and hiking boots. There are beautiful shady places next to the pools where you can rest and relax. Feeling more adventurous? Hiking trails in the Buttes are right out the doors of the hotel.

Do attendees have to bring anything to the convention?
• Paper and pens will be provided in the meeting spaces for note taking.
• Don’t forget to bring your business cards and/or information about your programs & resources to share with colleagues.
• Free Wifi will be available throughout the conference space for those wanting to access the Internet.

Will meals be provided?
• Continental breakfast is provided Wednesday morning for those attendees who have registered for the AM preconference session and Thursday and Friday. An enhanced breakfast is provided Saturday.
• Lunch is provided Thursday and Friday.
• Breaks with refreshments are provided on Thursday and Friday afternoon.
• The Welcome Reception on Wednesday evening is an additional cost with payment at registration.

Should I bring my partner and family?
Yes! There are many activities at the conference location to keep your family busy while you’re learning. From the onsite spa to the many swimming pools (your kids will love the water slide), they may never want to leave the resort. Ready to explore the area? Phoenix area attractions are all an easy drive or Uber-ride away. Check out some great ideas on page 23. Why not make it a vacation?! Come a few days early or stay the weekend. The drive up to Sedona will take your breath away.

Do I need to rent a car?
The conference site is an inexpensive ten minute taxi ride from the airport, plus the Phoenix Visitor’s Bureau will be offering each conference attendee an Uber credit. This allows you and your conference friends to go out to explore downtown Tempe for dinner or nearby Scottsdale for shopping.

We invite you to consider sponsoring or exhibiting at the conference. Your contribution will show your commitment to professional bereavement care and as an exhibitor you will have unprecedented opportunities to promote your products and services face-to-face with decision makers.

Sponsorships are welcome at any time. **Click here for sponsorship information and details.**
Exhibitors

Alexis Marie Chute Productions Inc.  
Bridget’s Cradle  
Caring Wisdom Clay Links Kits  
Children’s Memorial Hermann  
Faith’s Lodge  
Fetal Concerns of Wisconsin  
Forget Me Not Foundation  
Hospice and Palliative Credentialing Center (HPCC)  
Love & Loss: A Guide to Family Healing After the Loss of Your Baby  
Memories Unlimited  
Miscarriage Mom  
Mother’s Milk Bank  
Resolve Through Sharing  
Share Pregnancy & Infant Loss Support, Inc.  
Sufficient Grace Ministries  
Texas Academy of Palliative Medicine  
The Comfort Cub

Bookstore & Reflection Room Onsite

Centering Corporation, well known as an extraordinary grief resource organization, is returning as the conference bookstore vendor.

As always, the conference provides a dedicated quiet space for reflection, grieving, or simply being. The Reflection Room is intended to provide participants with an opportunity for self-reflection and self-care when they need it during the conference. The room will be designed to provide opportunities to transition from the prickliness of our vicarious trauma in working with perinatal loss to supporting the body and soul in revisiting the power of what we experience.

Conference Sponsors - Special Thank You.

This conference is partially funded through a Patient-Centered Outcome Research Institute (PCORI) Eugene Washington PCORI Engagement Award (3480-PLIDA).
Top 10 Things to See and Do In Phoenix
Phoenix’s perpetual sunshine might tempt you to spend all your free time sipping frozen beverages next to a swimming pool. Don’t give in. Exploring the Sonoran Desert’s horizons will broaden yours.

1) Camelback Mountain
Nearly every outdoors-loving Phoenix local has, at some time or another, started his or her day with a hike to the top of Camelback Mountain. The city’s most famous landmark resembles a dromedary camel in repose, and the mountain challenges hikers with a rugged but rewarding trek to its 2,700-foot “hump.” Visitors who prefer not to scale Camelback can still gawk at it from the grounds of the hotel.

2) Musical Instrument Museum
The MIM is the first museum in the world dedicated to the celebration of global instruments. This collection includes instruments from 200 countries and territories. Musicians of all ages will dig the Experience Room, where you can touch and play every instrument on display.

3) Desert Botanical Garden
This outdoor museum showcases desert plants—and not just those native to the Southwest. Among the succulents that adorn the garden’s 50 acres are Dali-esque trees from North Africa and sprawling cactuses from Mesopotamia. Insider’s tip: Sign up for a docent-guided tour.

4) Heard Museum
The traditional and contemporary art on display at the Heard Museum provides insight into the culture of Arizona’s 22 Native American tribes. Not to be missed is the upstairs exhibit on Indian boarding schools. The Heard Museum Shop is one of the best places in Phoenix to buy authentic American Indian jewelry, pottery, paintings, sculpture, and weavings.

5) Children’s Museum of Phoenix
This museum doesn’t focus on art or science, nor does it contain paintings or bones; instead, the hands-on exhibits are designed simply to entertain children as young as infants and as old as 10. (Don’t miss the hanging forest of pool noodles).

6) South Mountain Park and Preserve
This is the largest municipal park in the U.S. It covers 16,000 acres, making it nearly 20 times bigger than Central Park in New York. But you won’t find manicured grass and fountains here; the park is instead filled with native flora, ancient petroglyphs and 50-plus miles of trails. There’s also a kid-friendly nature center and a paved road to the summit.

7) Phoenix Art Museum
Phoenix Art Museum is the largest fine-art museum in the Southwest. Its permanent collection includes American, Asian and European masterpieces. The museum is noted for its Western American collection, but striking work is also to be found in the Contemporary wing and Fashion Design gallery.

8) Heritage Square
Occupying a city block in downtown Phoenix, Heritage Square is a link to the city’s 19th-century origins. Heritage Square is home to preserved Victorian-style homes, as well as the dramatically modern Arizona Science Center. But go for the critically acclaimed food. Pizzeria Bianco serves pizza that a New York Times food critic deemed the best in the country, and Nobuo at Teeter House is an Asian-style teahouse by day and a funky izakaya by night.

9) Old Town Scottsdale
The Old West and New West converge in Old Town Scottsdale, where galleries dedicated to American Indian and cowboy arts share a pedestrian-friendly streetscape with shops that sell Southwestern jewelry and crafts. Nearby, you’ll find some of Greater Phoenix’s finest restaurants and trendiest nightlife.

10) Taliesin West
Subtly rising out of the desert at the foot of the McDowell Mountains, Taliesin West was the winter home of Frank Lloyd Wright, America’s most famous architect. Tours range from one hour to three hours, including a two-hour Night Lights Tour on selected evenings throughout the year.

Check out this website for great information on Phoenix. www.visitphoenix.com